



## SKYLINE HEALTH PRE-SURGERY INFORMATION

*The Same Day Surgery Unit at Skyline Hospital is open Monday through Friday, 7 am to 3 pm, closed on weekends. If you have questions on the weekend, you will need to call your referring provider.*

*Unit # 509-637-2814*

### SCHEDULING:

The Same Day Surgery Unit at Skyline hospital will call to schedule your procedure as soon as they receive the prior authorization from your insurance company. If you do not hear from us within 1 week, please call. # 509-637-2814

### TRANSPORTATION:

**You are not allowed to drive after your procedure. You are required to have an adult driver pick you up after your procedure.** Your driver will need to be within 15-20 minutes of the hospital at the estimated discharge time. If a driver is unavailable on the day of the procedure, your procedure will be re-scheduled.

### PRE-PROCEDURAL INSTRUCTIONS:

One week before your procedure, a nurse will review your medical history and contact you. An anesthesia provider may also call to review your medical information. At this time, the nurse will give you specific instructions regarding how to take your medications, what to expect, etc.

### BELONGINGS:

Please dress in comfortable clothing. Please remove all jewelry and piercings. Bring your ID and insurance card. Please leave any valuable belongings at home.

### DIET:

You must stop eating solids foods at midnight before the procedure. However, you may keep drinking clear liquids. Two hours before your scheduled arrival time STOP putting anything in your mouth, this includes clear liquids and cough drops. Tobacco products must be stopped six hours before your arrival; this includes chew and nicotine pouches like Zyn.

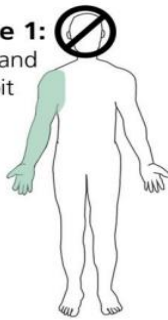
**CHG WIPES:** Chlorhexidine Gluconate (CHG) is a fast-acting antiseptic that helps reduce the chances of infection prior to surgery.

- Do not use this product if you are allergic to Chlorhexidine. Use antibacterial body wash, such as Dial.
- Stop shaving 3 days prior to your procedure. This excludes shaving of facial hair. Shaving right before applying the CHG cloths may cause irritation to your skin.
- Do not apply CHG cloths to broken or open skin.
- The CHG cloths should be used per instruction at home the night before your procedure. Upon arrival at the hospital, you will be asked to repeat the CHG cloths.
- Use each cloth according to the pictures on this page.

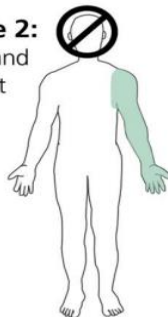
### **A HOME, THE NIGHT BEFORE SURGERY:**

- Shower and dry off with a clean towel.
- Begin application of the CHG cloths:
  - You have three packs of cloths. Each package has two cloths.
  - You will use all six cloths. One wipe for each body part. See picture below.
  - Wipe your skin in a circular or back and forth motion.
  - Avoid having the cloths touch your eyes, ears, mouth, and genital area.
  - Allow skin to air dry.
- After using the cloths, your skin will feel sticky.
- Do not apply lotion or makeup after using the CHG cloth on your body.
- Put on newly washed pajamas and sleep in newly washed bed linens.
- DO NOT shower/bathe the morning of your procedure.
- You may wash your face, hands, and genital area

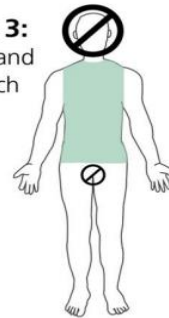
**Wipe 1:**  
Arm and armpit



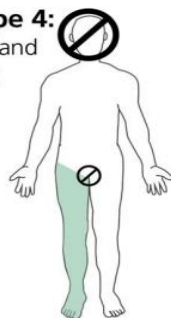
**Wipe 2:**  
Arm and armpit



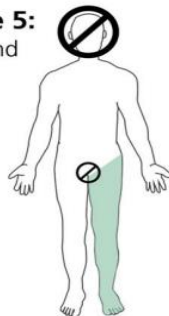
**Wipe 3:**  
Chest and Stomach



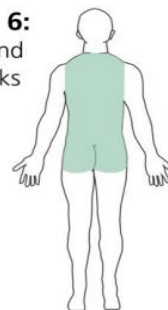
**Wipe 4:**  
Leg and foot



**Wipe 5:**  
Leg and foot



**Wipe 6:**  
Back and buttocks



**HOME MEDICATIONS:** A nurse will call you about a week before the procedure to discuss your home medications. Below are some general instructions. You may receive more specific instructions from your doctor, in which case you should follow those instructions.

Medication	Hold day of Procedure or Surgery	Hold 3 days before Procedure	Hold 5 days before Procedure	Hold 7 days before Procedure	Comments
Xarelto (Rivaroxaban), Eliquis (Apixaban), Savaysa (Edoxaban), or Pradaxa (Dabigatran)		X			
Plavix (Clopidogrel), Effient (Prasugrel), Brilenta (Ticigrelor)			X		
Warfarin (Coumadin)			X		
Aspirin				If 325mg decrease to 81mg 7 days prior	Ok to cont if 81mg
Blood Pressure/HR medications					Continue as prescribed
Losartan/Lisinopril	X				
Metformin, Glipizide, Glyburide					Continue as prescribed
Long-acting Insulin: Lantus, Levemir, Tresiba	X				Take 1/2 regular dose the night before
Intermediate-acting Insulin:	X				Take 1/2 regular dose the night before
Short-acting Insulin: Humalog, Novolog, Lispro	X				
Weekly injection GLP-1: Ozempic (semaglutide), Wegovy, Mounjaro (terzepatide) and Trulicity (dulaglutide)				X	
Daily injection GLP-1: Saxenda or Victoza (liraglutide)		X			
Oral SGLT-2 inhibitors: Dapagliflozin, Farxiga, Canagliflozin, Invokana, empagliflozin, Jardiance, ertugliflozin, Stelgatro		X			
Supplements: Iron, Valerian root, Garlic, Ginger or Gingko biloba				X	
Recreational drugs including marijuana					Hold 48 hours before
Tobacco products including chew, zyn etc.					Hold 6 hours prior
Alcohol					Hold 48 hours before

## **SURGERY – UNDERSTANDING YOUR BILL**

In preparation for your procedure or surgery, we want you to understand how you will be billed for the services you receive. The success of your surgery depends on a team effort by many dedicated professionals at Skyline Health. Skyline Health will submit the bill to your insurance carrier and will assist if problems arise. You may be required to supply pertinent billing information that the insurer may request. Example: coordination of benefits forms, accident forms, etc.

Depending on your specific surgery or procedure, you will receive at least two separate bills and possibly more. We do realize that multiple bills can be confusing. Please call our office for assistance at 509-493-1101.

*Physician's Bill:* Physician services fees will be billed to your insurance.

*Facility Bill:* A facility bill will be issued by Skyline Health to your insurance. This bill includes staff, supplies, and equipment used for the services provided by the facility.

*Anesthetist's Bill:* An anesthetist service fee will be billed to your insurance, as they provide the anesthesia you receive during your surgery/procedure.

*Pathology/Laboratory Bill:* This may include charges for biopsies or any necessary pre-procedure labs. These could come from another facility or laboratory.

**Understanding your insurance:** We recommend that you contact your insurance company to make sure that these providers and facilities are preferred providers under your individual insurance plan. Most commercial insurance plans have deductibles and/or co-pays that you need to understand, as they will be billed to you afterwards. Skyline Health will make every effort to help you resolve your insurance claims. Please do not hesitate to call us at 509-493-1101 with any questions.

We look forward to seeing you at Skyline Hospital for your upcoming procedure. If you have questions, please call 509-637-2814.

Thank you for trusting us with your health care needs.

Skyline Hospital Surgical Services