



## SKYLINE HEALTH CATARACT EXTRACTION WITH INTRA-OCULAR LENS REPLACEMENT, BLEPHAROPLASTY & PTERYGIUM PRE-PROCEDURE INFORMATION

*The Same Day Surgery Unit at Skyline Hospital is open Monday through Friday, 7 am to 3 pm, closed on weekends. If you have questions on the weekend, you will need to call your referring provider.*

*Unit # 509-637-2814*

### SCHEDULING:

The Same Day Surgery Unit at Skyline hospital will call to notify you of your arrival time one week prior to your procedure.

### TRANSPORTATION:

**You are not allowed to drive after your procedure. You are required to have an adult driver pick you up after your procedure.** Your driver will need to be within 15-20 minutes of the hospital. The procedure usually takes 2 - 2.5 hours. If a driver is unavailable on the day of the procedure, your procedure will be re-scheduled.

### PRE-PROCEDURAL INSTRUCTIONS:

One week before your procedure, a nurse will review your medical history and contact you. An anesthesia provider may also call to review your medical information. At this time, the nurse will give you specific instructions regarding how to take your medications, what to expect, etc.

### BELONGINGS:

Please dress in comfortable clothing, specifically a T-shirt with a loose neckline. Please remove all jewelry and piercings. Bring your ID and insurance card. Please leave any valuable belongings at home.

### DIET:

You must stop eating solid foods at midnight before the procedure. However, you may keep drinking clear liquids. Two hours before your scheduled arrival time STOP putting anything in your mouth; this includes clear liquids and cough drops. Tobacco products must be stopped six hours before your arrival; this includes chew and nicotine pouches like Zyn. Example of clear liquids: water, tea or coffee without milk or cream, apple juice, sprite, Gatorade, Pedialyte, broth, cola's, Jello, popsicles, etc.

**HOME MEDICATIONS:** A nurse will call you about a week before the procedure to discuss your home medications. Below are some general instructions. You may receive more specific instructions from your doctor, in which case you should follow those instructions.

Medication	Hold day of Procedure or Surgery	Hold 3 days before Procedure	Hold 5 days before Procedure	Hold 7 days before Procedure	Comments
Xarelto (Rivaroxaban), Eliquis (Apixaban), Savaysa (Edoxaban), or Pradaxa (Dabigatran)		X (Bleph & pterygium pts only)			Cataract- Continue as prescribed
Plavix (Clopidogrel)			X (Bleph & pterygium pts only)		Cataract- Continue as prescribed
Warfarin (Coumadin)			X (Bleph & pterygium pts only)		Cataract- Continue as prescribed
Aspirin				X	
Blood Pressure/HR medications					Continue as prescribed
Losartan/Lisinopril					Continue as prescribed
Metformin, Glipizide, Glyburide					Continue as prescribed
Long-acting Insulin: Lantus, Levemir, Tresiba	X				Take 1/2 regular dose the night before
Intermediate-acting Insulin:	X				Take 1/2 regular dose the night before
Short-acting Insulin: Humalog, Novolog, Lispro	X				
Weekly injection GLP-1: Ozempic (semaglutide), Wegovy, Mounjaro (terzepatide) and Trulicity (dulaglutide)				X	
Daily injection GLP-1: Saxenda or Victoza (liraglutide)		X			
Oral SGLT-2 inhibitors: Dapagliflozin, Farxiga, Canagliflozin, Invokana, empagliflozin, Jardiance, ertugliflozin, Stelgatro		X			
Supplements: Iron, Valerian root, Garlic, Ginger or Gingko biloba				X	
Recreational drugs including marijuana					Hold 48 hours before

Tobacco products including chew, zyn etc.					Hold 6 hours prior
Alcohol					Hold 48 hours before

**DISCHARGE INSTRUCTIONS to follow, after surgery:**

- You will have a clear patch put on your eye after surgery. This needs to stay on until your follow-up appointment tomorrow.
- You will put in eye drops at **dinner time, bedtime, and again first thing in the morning**, before your appointment. At your follow-up appointment, you will be given a schedule for eye drops over the coming weeks.
- Do not drive until after your follow-up appointment tomorrow.
- Do not lift anything over 15 lbs. for one week.
- Do not bend your head below your waist for one week.
- Do not rub your eye.
- Do not drink alcohol or take substances that will make you more sleepy until the day after your surgery.
- You may resume all your regularly scheduled medication unless instructed by your doctor.
- If you are having eye pain, you can take Tylenol or Ibuprofen. If this doesn't work, please call Casey Eye Institute at either number: 541-298-5144 or 541-386-1399

We look forward to seeing you at Skyline Hospital for your upcoming procedure. If you have questions, please call 509-637-2814.

Thank you for trusting us with your health care needs.

Skyline Hospital Surgical Services

## **SURGERY – UNDERSTANDING YOUR BILL**

In preparation for your procedure or surgery, we want you to understand how you will be billed for the services you receive. The success of your surgery depends on a team effort by many dedicated professionals at Skyline Health. Skyline Health will submit the bill to your insurance carrier and will assist if problems arise. You may be required to supply pertinent billing information that the insurer may request. Example: coordination of benefits forms, accident forms, etc.

Depending on your specific surgery or procedure, you will receive at least two separate bills and possibly more. We do realize that multiple bills can be confusing. Please call our office for assistance 509-493-1101.

*Physician's Bill:* Physician services fees will be billed to your insurance.

*Facility Bill:* A facility bill will be issued by Skyline Health to your insurance. This bill includes staff, supplies and equipment used for the services provided by the facility.

*Anesthetist's Bill:* An anesthetist service fee will be billed to your insurance, as they provide the anesthesia you receive during your surgery/procedure.

*Pathology/Laboratory Bill:* This may include charges for biopsies or any necessary pre-procedure labs. These could come from another facility or laboratory.

**Understanding your insurance:** We recommend that you contact your insurance company to make sure that these providers and facilities are preferred providers under your individual insurance plan. Most commercial insurance plans have deductibles and/or co-pays that you need to understand, as they will be billed to you afterwards. Skyline Health will make every effort to help you resolve your insurance claims. Please do not hesitate to call us at 509-493-1101 with any questions.